

Cheer America Legality Verification

Please adhere to the following guidelines if you have any questions regarding the safety, legality or rules of a specific element in your routine.

1. All submissions must be in writing, no interpretations will be accepted by phone.
2. Video must include a front, side and back view of skill.
3. Do not send the entire routine, only the skill to be evaluated.
4. Include a written statement of your question.
5. Include team name, division name, coach name and contact information (address, email, cell phone number)

Videos must be received at least 2 weeks prior to the competition date. Emailed videos should be in either Windows Media Player or QuickTime formats.

If the above guidelines are not followed, your video will not be viewed.

Email video to: info@cacheermail.com