



**2016-2017**  
**Freedom Dance All-Star Divisions and Categories**



<b>JAZZ</b>				<b>JAZZ</b> A jazz routine incorporates stylized dance movements and combinations, formation changes, group work, leaps and turns. Emphasis is placed on proper technical execution,
<b>Mini</b>	9 yrs and younger	Female/Male	4 or more members	
<b>Youth</b>	12 yrs and younger	Female/Male	4 or more members	
<b>Junior</b>	15 yrs and younger	Female/Male	4 or more members	
<b>Senior</b>	18 yrs and younger	Female/Male	4 or more members	
<b>Senior Coed</b>	18 yrs and younger	1 or More Males	4 or more members	
<b>Open</b>	14 yrs and older	Female/Male	4 or more members	
<b>Open Coed</b>	14 yrs and older	1 or More Males	4 or more members	
<b>HIP HOP</b>				<b>HIP HOP</b> Routines can incorporate street style movements with an emphasis on execution, style, creativity, body isolations and control, rhythm, uniformity and musical interpretation.
<b>Mini</b>	9 yrs and younger	Female/Male	4 or more members	
<b>Youth</b>	12 yrs and younger	Female/Male	4 or more members	
<b>Junior</b>	15 yrs and younger	Female/Male	4 or more members	
<b>Senior</b>	18 yrs and younger	Female Only	4 or more members	
<b>Senior Coed</b>	18 yrs and younger	1 or More Males	4 or more members	
<b>Open</b>	14 yrs and older	Female Only	4 or more members	
<b>Open Coed</b>	14 yrs and older	1 or more Males	4 or more members	
<b>Male</b>	14 yrs and older	Males Only	4 or more members	
<b>POM</b>				<b>POM</b> Poms must be used 80% of the routine. Important characteristics of a pom routine include strong pom technique: clean/precise and sharp motions, synchronization and visual effect, and may incorporate tricks (i.e. leaps/turns, pom passes, jump sequences, kick lines etc). Visual effect includes level changes, group work, formation changes, the use of different color poms, etc.
<b>Mini</b>	9 yrs and younger	Female/Male	4 or more members	
<b>Youth</b>	12 yrs and younger	Female/Male	4 or more members	
<b>Junior</b>	15 yrs and younger	Female/Male	4 or more members	
<b>Senior</b>	18 yrs and younger	Female/Male	4 or more members	
<b>Open</b>	14 yrs and older	Female/Male	4 or more members	
<b>LYRICAL</b>				<b>LYRICAL</b> Routines combine the principles of jazz and ballet, emphasizing proper technical execution, the use of flexibility, balance and mood. Routines are fluid in movement and focus on emotion that compliments the musical selection.  The USASF Dance General and Jazz Rules are to be followed within the proper age division.
<b>Mini</b>	9 yrs and younger	Female/Male	4 or more members	
<b>Youth</b>	12 yrs and younger	Female/Male	4 or more members	
<b>Junior</b>	15 yrs and younger	Female/Male	4 or more members	
<b>Senior</b>	18 yrs and younger	Female/Male	4 or more members	
<b>Open</b>	14 yrs and older	Female Only	4 or more members	
<b>Open Coed</b>	14 yrs and older	1 or More Males	4 or more members	
<b>PROP</b>				<b>PROP</b> Routines emphasize the use of props or a variety of props. The manipulation of the prop must be the main focal point of the routine. Each team will be given 2 minutes to set up and 2 minutes to take down their props before and after the performance if necessary.  The USASF Dance General and Jazz Rules must be followed in this Category with the exception of the Prop section. Props may not be used to bear the weight of a performer who is executing a tumbling skill or involved in a lift.
<b>Youth</b>	12 yrs and younger	Female/Male	4 or more members	
<b>Senior</b>	18 yrs and younger	Female/Male	4 or more members	
<b>OPEN</b>				<b>OPEN STYLE</b> A routine in this category may incorporate any one style or combination of styles outlined in the USASF category listings. All styles will be judged against each other in this category.
<b>Tiny</b>	6 yrs and younger	Female/Male	4 or more members	
<b>Mini</b>	9 yrs and younger	Female/Male	4 or more members	
<b>Youth</b>	12 yrs and younger	Female/Male	4 or more members	
<b>Junior</b>	15 yrs and younger	Female/Male	4 or more members	
<b>Senior</b>	18 yrs and younger	Female/Male	4 or more members	
<b>Open</b>	14 yrs and older	Female/Male	4 or more members	
<b>Open Coed</b>	14 yrs and older	1 or More Males	4 or more members	
<b>PREP</b>				<b>PREP</b> The Prep Category is offered for emerging teams and dancers to prepare them for category specific rules. Unless a split is available the Prep Category will be parallel to the Open Category; all styles will be judged against each other in this category, unless the Prep splitting rule applies-see USASF Guidelines. A dancer may not compete in a non-prep category and a Prep Category within the same style. The USASF Dance Prep Rules must be followed in this Category.
<b>Tiny</b>	6 yrs and younger	Female/Male	4 or more members	
<b>Mini</b>	9 yrs and younger	Female/Male	4 or more members	
<b>Youth</b>	12 yrs and younger	Female/Male	4 or more members	
<b>Junior</b>	15 yrs and younger	Female/Male	4 or more members	
<b>Senior</b>	18 yrs and younger	Female/Male	4 or more members	

*See USASF Division Guidelines for rules on splitting, combining teams by size and/or classification.*